

Engineering Standards

Guarding, Access & Egress



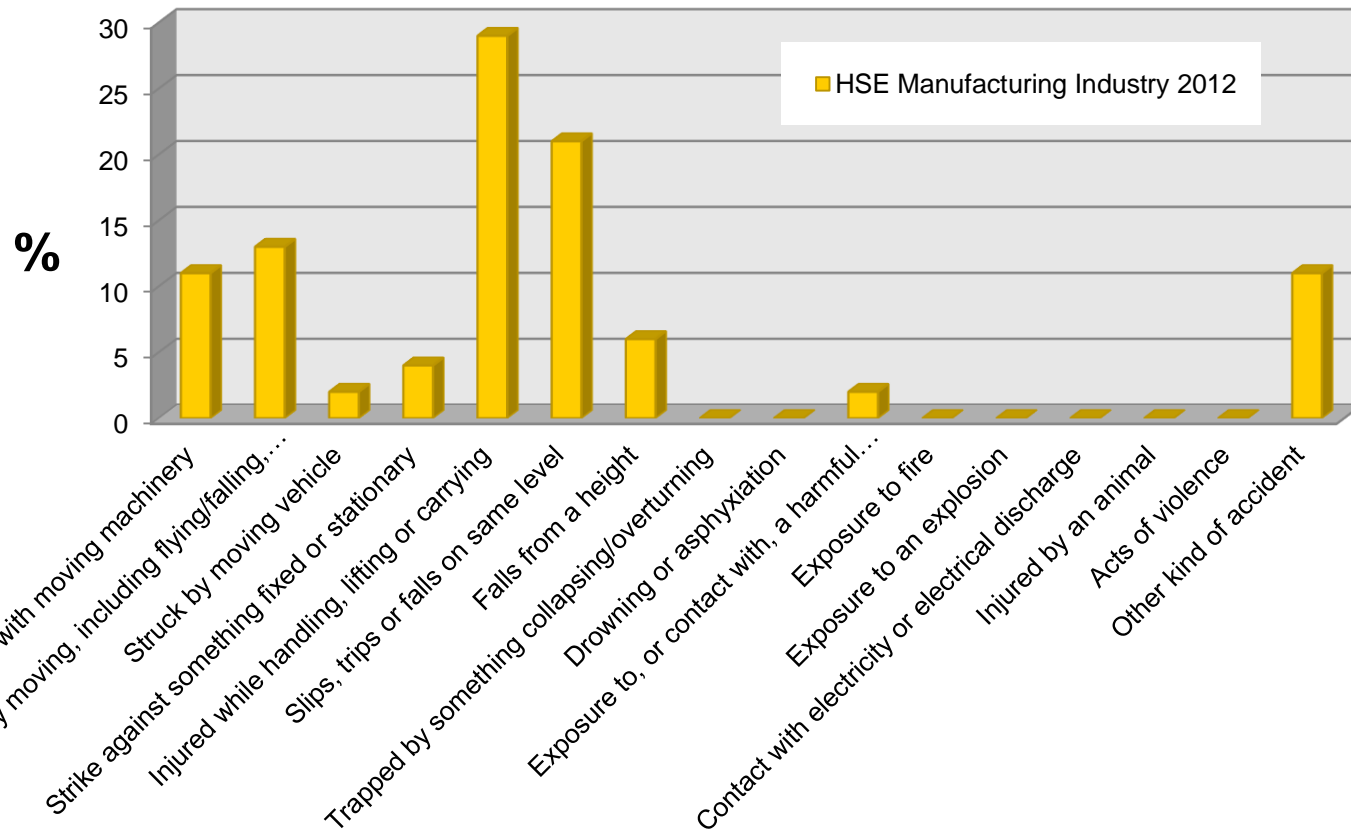
CONTENT



- Accident Statistics
- Objectives
- Guarding Standards
- Examples of Bad Guards
- Examples of Good Guards
- Guard Audit - Summary
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- Access Standards
- Check Lists
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ACCIDENT TYPES; MANUFACTURING



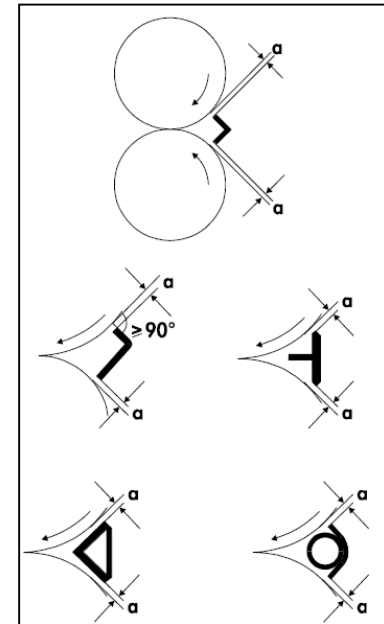
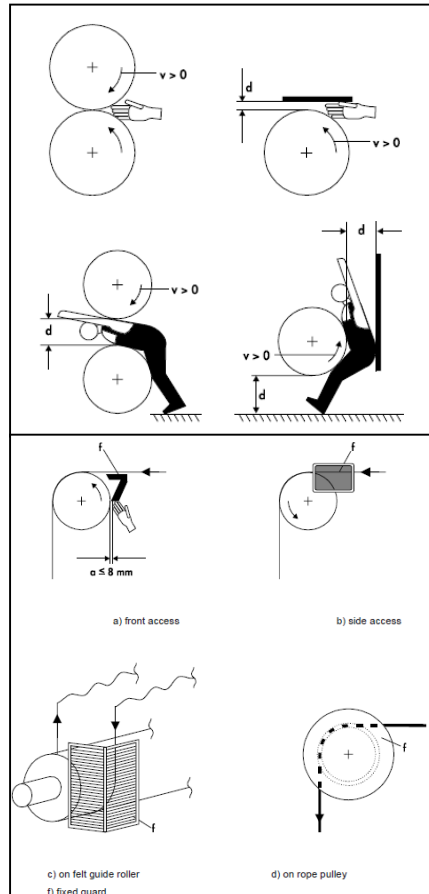
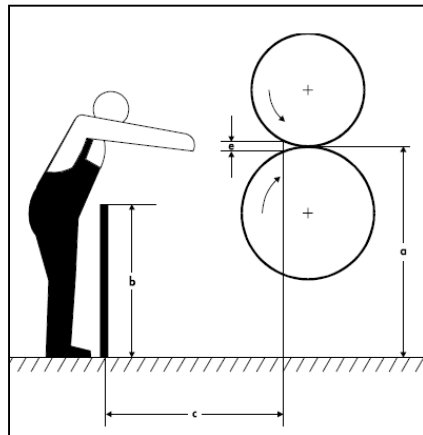
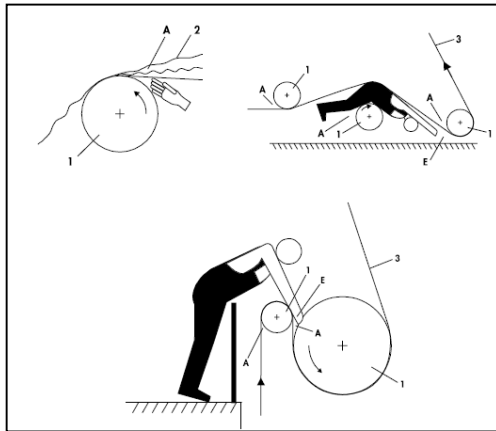


OBJECTIVES

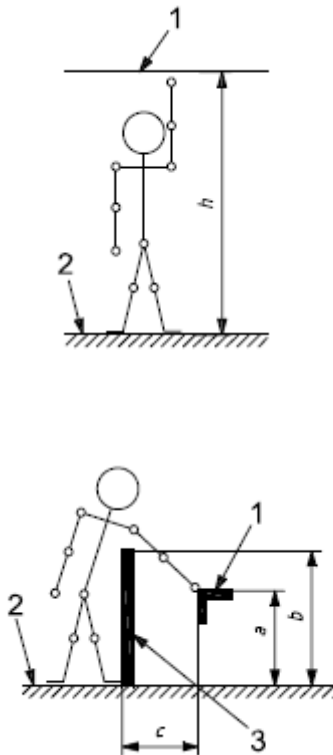
- Eliminate/Reduce Accidents and Near Misses
- Identify Hazards via FLEM & FLM Auditing
 - Non compliant Guarding
 - Non compliant Access & Egress
- Replace/correct non compliant guards
- Replace/correct non compliant stairs, ladders & platforms
- New guards should be designed to reduce down-time
 - Improve Maintenance Access
 - Improve Cleaning Access
 - Remove non-conforming and non-essential guarding



GUARDING STANDARDS



GUARDING STANDARDS



Height of hazard zone ^c <i>a</i>	Height of protective structure ^{a, b} <i>b</i>									
	1 000	1 200	1 400	1 600	1 800	2 000	2 200	2 400	2 500	2 700
	Horizontal safety distance to hazard zone, <i>c</i>									
2 700	0	0	0	0	0	0	0	0	0	0
2 600	900	800	700	600	600	500	400	300	100	0
2 400	1 100	1 000	900	800	700	600	400	300	100	0
2 200	1 300	1 200	1 000	900	800	600	400	300	0	0
2 000	1 400	1 300	1 100	900	800	600	400	0	0	0
1 800	1 500	1 400	1 100	900	800	600	0	0	0	0
1 600	1 500	1 400	1 100	900	800	500	0	0	0	0
1 400	1 500	1 400	1 100	900	800	0	0	0	0	0
1 200	1 500	1 400	1 100	900	700	0	0	0	0	0
1 000	1 500	1 400	1 000	800	0	0	0	0	0	0
800	1 500	1 300	900	600	0	0	0	0	0	0
600	1 400	1 300	800	0	0	0	0	0	0	0
400	1 400	1 200	400	0	0	0	0	0	0	0
200	1 200	900	0	0	0	0	0	0	0	0
0	1 100	500	0	0	0	0	0	0	0	0

^a Protective structures less than 1 000 mm in height are not included because they do not sufficiently restrict movement of the body.

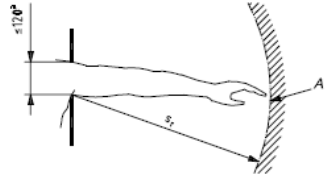
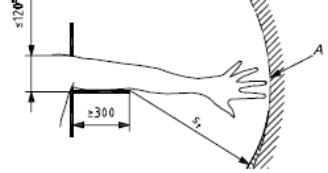
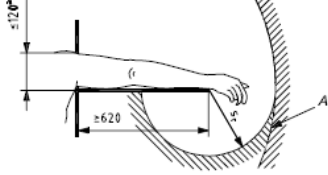
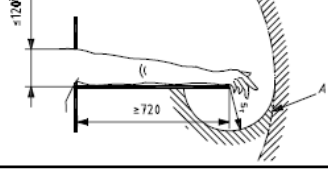
^b Protective structures lower than 1 400 mm should not be used without additional safety measures.

^c For hazard zones above 2 700 mm, refer to 4.2.1.

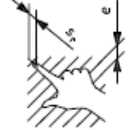

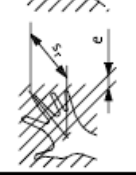
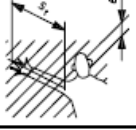
Safety of Machinery – Safety Distances - BS EN ISO 13857:2008



GUARDING STANDARDS

Limitation of movement	Safety distance, s_r	Illustration
Limitation of movement only at shoulder and arm pit	≥ 850	
Arm supported up to elbow	≥ 550	
Arm supported up to wrist	≥ 230	
Arm and hand supported up to knuckle joint	≥ 130	

Δ range of movement of arm
 s_r radial safety distance
^a This is either the diameter of a round opening, or the side of a square opening, or the width of a slot opening.

Part of body	Illustration	Opening	Safety distance, s_r			
			Slot	Square	Round	
Fingertip		$e \leq 4$	≥ 2	≥ 2	≥ 2	
		$4 < e \leq 6$	≥ 10	≥ 5	≥ 5	
Finger up to knuckle joint		$6 < e \leq 8$	≥ 20	≥ 15	≥ 5	
		$8 < e \leq 10$	≥ 80	≥ 25	≥ 20	
		$10 < e \leq 12$	≥ 100	≥ 80	≥ 80	
		$12 < e \leq 20$	≥ 120	≥ 120	≥ 120	
Hand		$20 < e \leq 30$	$\geq 850^a$	≥ 120	≥ 120	
Arm up to junction with shoulder		$30 < e \leq 40$	≥ 850	≥ 200	≥ 120	
		$40 < e \leq 120$	≥ 850	≥ 850	≥ 850	

The bold lines within the table delineate that part of the body restricted by the opening size.

^a If the length of the slot opening is ≤ 65 mm, the thumb will act as a stop and the safety distance can be reduced to 200 mm.

Safety of Machinery – Safety Distances – BS EN ISO 13857:2008



GUARDING STANDARDS

Limitation of movement	Safety distance, s_r	Illustration
Limitation of movement at shoulder and armpit: two separate protective structures — one permits movement from the wrist, the other movement from the elbow.	$s_{r1} \geq 230$ $s_{r2} \geq 550$ $s_{r3} \geq 850$	
Limitation of movement at shoulder and armpit: one separate protective structure, which permits movement from the fingers up to the knuckle joint.	$s_{r3} \geq 850$ $s_{r4} \geq 130$	

s_r radial safety distance

Part of lower limb	Illustration	Opening	Safety distance, s_r	
			Slot	Square or round
Toe tip		$e \leq 5$	0	0
		$5 < e \leq 15$	≥ 10	0
Toe		$15 < e \leq 35$	$\geq 80^a$	≥ 25
Foot		$35 < e \leq 60$	≥ 180	≥ 80
		$60 < e \leq 80$	$\geq 650^b$	≥ 180
Leg (toe tip to knee)		$80 < e \leq 95$	$\geq 1\ 100^c$	$\geq 650^b$
Leg (toe tip to crotch)		$95 < e \leq 180$	$\geq 1\ 100^c$	$\geq 1\ 100^c$
		$180 < e \leq 240$	Not admissible	$\geq 1\ 100^c$

^a If the length of the slot opening is ≤ 75 mm, the distance can be reduced to ≥ 50 mm.

^b The value corresponds to leg (toe tip to knee).

^c The value corresponds to leg (toe tip to crotch).

NOTE Slot openings with $e > 180$ mm and square or round openings with $e > 240$ mm will allow access for the whole body (see also Clause 1, final paragraph).

Safety of Machinery – Safety Distances – BS EN ISO 13857:2008



ACCESS & EGRESS AUDIT PURPOSE

This review applies to:

- All stationary and mobile machinery where fixed means of access are necessary.
- All stairs, step ladders and guard-rails which are a part of a machine.
- Platforms attached to machinery.
- Stairs, step ladders and guard-rails to that part of the building where the machine is installed, providing that the main function of that part of the building is for a means of access to the machine.
- Stairs, step ladders and guard-rails specific to the machine which are not permanently fixed to the machine and which may be removed or moved to the side for some operations of the machine (e.g. felt change)
- Small sets of steps, that are fixed in place and are primarily low level (height) for use to gain access over low level obstacles, are called ‘fixed steps’ in this Enabler
- Long term scaffolding access – in place for more than 1 year



STANDARDS

The listed standards below were used to develop the checklists for the different types of stairs and ladders.

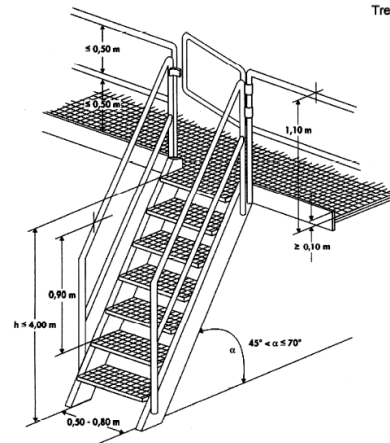
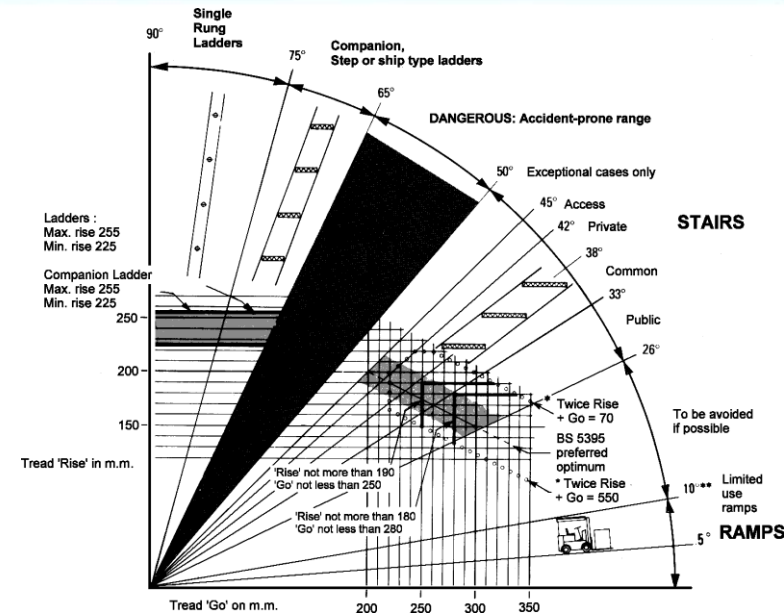
For machines which are covered by the scope of a type C standard and which have been designed and built according to the provisions of that standard, the provisions of that type C standard take precedence over the provisions of a type B standard.

ISO 14122-1-4 (Type B standard)

EN 1034-1 (Type C standard)

EN 1010-1 (Type C standard)

BS 5395-1:2000 Reference Document



STANDARDS

The listed standards below were used to develop the checklists for the different types of stairs and ladders.

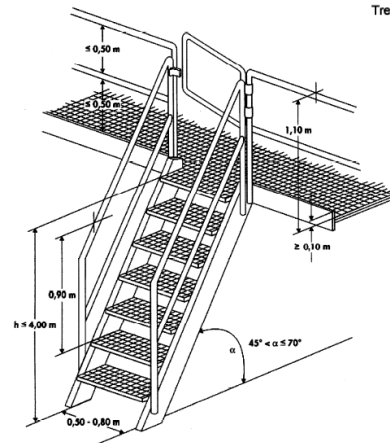
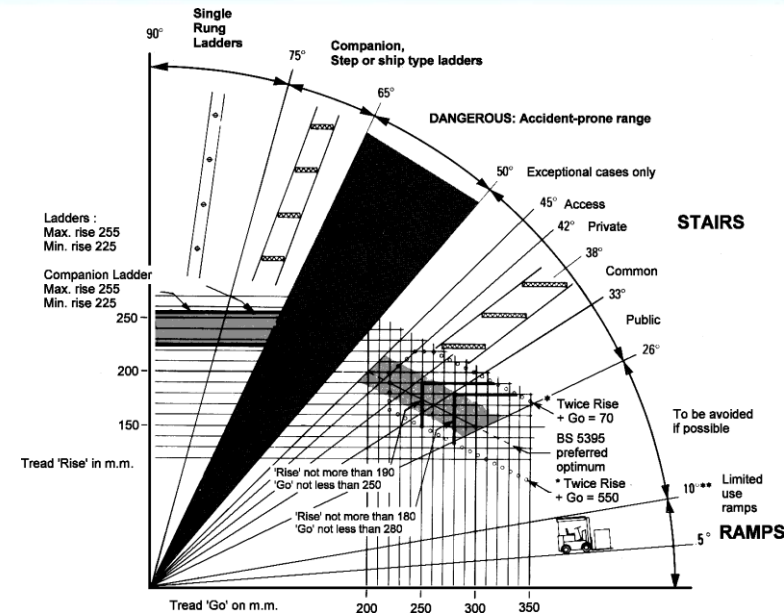
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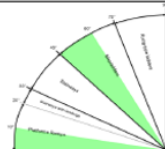
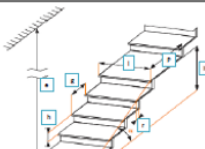
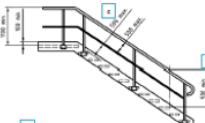
EN 1010-1 (Type C standard)

BS 5395-1:2000 Reference Document



RISK ASSESSMENT WITH CHECKLISTS

Right beside each checklist you will find a table of columns which can be used to document the results of the check. The risk level will be calculated automatically.

EC THE ENGINEERING EXCHANGE		Checklist Stairways Enabler Stairs and Ladders		Formula:
				Date:
		A staircase should always be built in this range if practicable because it is a safer means of access than any ladder but space constraints often present a problem.		Check Severity
		Gradient min	30°	
		Gradient max	45°	
				0 = 2
		Slip, trip	For example by using textured plates (flooring class R10) Accumulation of substances (dirt, oil, grease, dust) must be prevented. Tripping points max. 4mm high	0 = 2
		Floor openings	Floor openings are restricted to a size where a ball of 35mm diameter cannot fall through.	0 = 2
		H Height of stairs	Hmax = 3m (several flights) Hmax = 4m (one flight) Hmin = 4m platform required	0 = 10
		g tread	600 ≤ g < 2h ≤ 650, the highest step must be level with the platform	0 = 5
		h pitch	Pitch h must be constant, lower step reduced by a max. 15 %	0 = 10
		I stairways width	Occasionally use 500mm Single person 600mm several persons: 1000mm	0 = 5
		f undercut	f ≥ 10mm	0 = 5
		e clear height	e ≥ 2300mm	0 = 5
		p length of platform	p ≥ 800mm	0 = 5
		Railings:		
		Railings	A railings shall be fitted whenever the height to climb exceeds 3 steps ≤ 900mm	0 = 10
		v vertical height	At least one intermediate rail or vertical rails.	0 = 10
		c clearance	Between toeboard and intermedia rail, between intermediate rail and handrail ≤ 500mm.	0 = 5
		H Handrail	Diameter between 25mm to 50mm Minimum gap between obstacle and handrail = 100mm Stairs must have at least one handrail. For stairs with a width of ≥ 1200mm handrails are required on both sides. Gaps in handrail ≥ 75mm and > 120mm, no sharp edges and positive fitting	0 = 2
				0 = 5
Frequency of access:		2 - Less than once per week 4 - more than once per day 8 - Once per day 10 - More than once per day 20 - almost every hour		

[illegible]

RISK ASSESSMENT WITH CHECKLISTS

The checklist is a number of direct questions, if the access/egress complies with the question then put a "0" in the column, if the access/egress does not comply with question then put the corresponding number in the column e.g. "10"

if the question is not applicable the put "n.a."

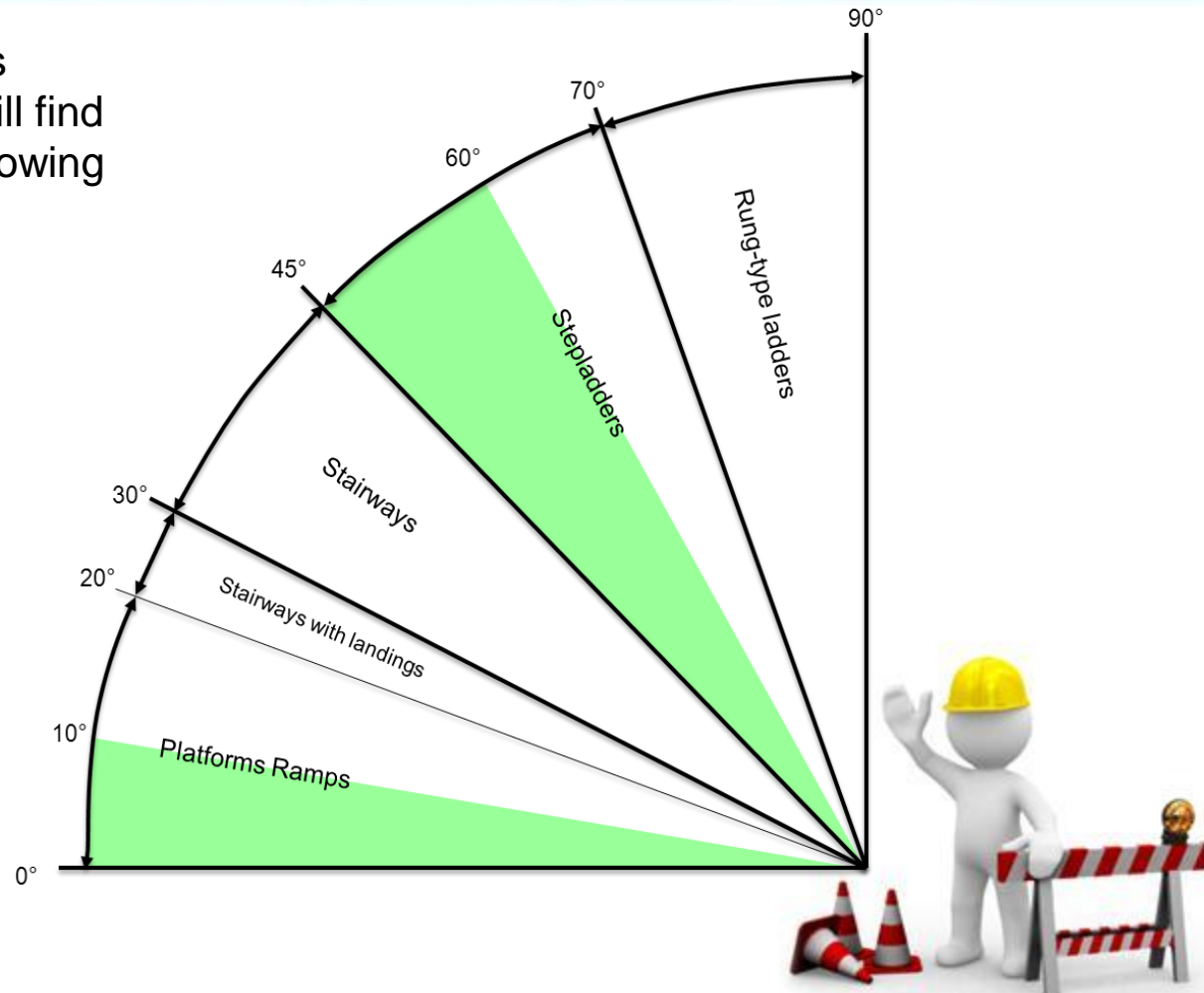
H height	The ladder shall be fitted with a fall protection device when a) height of the ladder flight is more than 3000 mm; b) height of the ladder is 3000 mm or less, but at the departure area there is the risk of falling an additional distance. <small>NOTE: Risk of falling is considered to exist when the distance from the centre of the ladder to the unprotected side of a platform (or similar) is less than 3000 mm.</small>	<input checked="" type="checkbox"/>	10	Fulfilled
	H _{max} = 10000mm single flight H _{max} =6.000 multiple flight (each)	<input checked="" type="checkbox"/>	10	Not fulfilled
Self closing door	Mandatory if falling height > 2000mm, handrail and intermediate rail	<input type="checkbox"/>	10	Not applicable



DESIGN REGARDING THE GRADIENT

To analyses all means of access systematically and completely will find examples of checklist for the following types of access:

- Fixed steps
- Platforms/Ramps
- Stairs/Stairways
- Stepladder
- Rung-type ladders
 - with safety cage
 - with fall arrester



PRACTICAL TIPS

Use an inclinometer or prepare a transparent board like this (e.g. a clipboard) to measure the gradient of a stair or a stepladder directly.

A tape measure or a folding ruler is required.

Examples of non-slip flooring



R10



R11



R12



RISK ASSESSMENTS WITH CHECKLISTS

Severity level

$$Risk\ Level = \sum Severity\ level$$

* *frequency of access*

The severity level range is from 2-10.

Please notice that this value is only a hint of the severity and cannot substitute the expert knowledge of the safety specialists.

With frequency of access:

- 2 Less than once per week
4 More than once per week
6 Once per day
10 More than once per day
20 Almost every hour

<div> <div> <div>ECAD</div> <div>THE ENGINEERING CADENCE</div> </div> <div> <div>Checklist Stairways</div> <div>Enabler Stairs and Ladders</div> </div> </div>		Formula		
			Info	
	<p>A staircase should always be built in this range if practicable because it is a safer means of access than any other but space constraints often present a problem.</p>			
	<p>Gradient max 32°</p>			0 - 2
<p>Gradient min 27°</p>				0 - 2
<p>Step, trip</p>	<p>For example by using tapered plates (showing class F10)</p> <p>Minimum of 2 nos between (200 or 250) in grass; this must be prevented</p> <p>Tipping centre max: 4mm high</p> <p>Four nos max in 100mm</p> <p>Four nos max in 100mm to a size where a ball of 25mm diameter cannot fall through</p>			0 - 2
<p>Floor openings</p>	<p>Four nos max in 100mm to a size where a ball of 25mm diameter cannot fall through</p>			0 - 2
<p>Ht of stairs</p>	<p>rise = 4 (one flight)</p> <p>rise = 4 (no platform required)</p>			0 - 16
<p>g tread</p>	<p>550 ± 20 (2 x 900)</p> <p>the highest step must be level with the platform</p>			0 - 1
<p>to pitch</p>	<p>Pitch is must be constant, lower step reduced by a max. 15 %</p>			0 - 16
<p>Stairways with:</p>	<p>Single person: 1000mm</p> <p>Several persons: 1000mm</p>			0 - 8
<p>u undercut</p>	<p>≥ 13mm</p>			0 - 8
<p>e clear height</p>	<p>≥ 2,200mm</p>			0 - 8
<p>l length of platform</p>	<p>≥ 800mm</p>			0 - 8
	<p>Handrails</p>			
<p>Handrails</p>	<p>A handrail must be fixed whenever the height to climb exceeds 3 x <math>\leq 1000\text{mm}</math></p>			0 - 16
<p>vertical height</p>	<p>At least one intermediate rail or vertical rails</p>			0 - 16
<p>u clearance</p>	<p>Between horizontal and intermediate rail: balance intermediate rail and handrail: <math>\geq 100\text{mm}</math></p>			0 - 16
<p>u Handrail</p>	<p>Minimum gap between balustrade and handrail: 100mm</p> <p>Stairs must have at least one handrail. For stairs with a width of 1000mm or more must have 2</p>			0 - 2



ACTION PLANNING

After evaluating the risk level helps to prioritize further counter measures.

Use **ERIC PD** as a principle to control the risks:

Eliminate get rid of the hazard; e.g. redesign, relocation of equipment...

Reduce the level of risk by reducing the nature of the hazard; e.g. automation...

Isolate the hazard from people, for example by guarding e.g. ladder guard...

Control exposure to the hazard; e.g. control who has access...

PPE issue personnel protective equipment, e.g. using fall arrester

Discipline and Culture, e.g. climbing down backwards where the gradient is more than 60°.

